

## USDA National Nutrient Database for Standard Reference Release 28

## Statistics Report 03041, Babyfood, dinner, vegetables and dumplings and beef, strained

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Nutrient values and weights are for edible portion.

Nutrient	Unit	Value Per 100 g	Data Points	Std. Error	Min	Max	df	LB	UB	# Studies	Source	NDB Ref	Last Modified
<b>Proximates</b>													
Water	g	88.90	--	0.200	--	--	--	--	--	--	Analytical or derived from analytical	--	12/1978
Energy	kcal	48	--	--	--	--	--	--	--	--	Calculated or imputed	--	12/1978
Energy	kJ	201	--	--	--	--	--	--	--	--	Calculated or imputed	--	04/2005
Protein	g	2.00	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	12/1978
Total lipid (fat)	g	0.90	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	12/1978
Ash	g	0.50	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	12/1978
Carbohydrate, by difference	g	7.70	--	--	--	--	--	--	--	--	Calculated or imputed	--	12/1978
Sugars, total	g	0.00	--	--	--	--	--	--	--	--	Assumed zero	--	02/2005
<b>Minerals</b>													
Calcium, Ca	mg	14	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	12/1978
Iron, Fe	mg	0.39	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	12/1978
Magnesium, Mg	mg	6	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	12/1978
Phosphorus, P	mg	28	--	--	--	--	--	--	--	--	Calculated or imputed	--	12/1978

Nutrient	Unit	Value Per100 g	Data Points	Std. Error	Min	Max	df	LB	UB	# Studies	Source	NDB Ref	Last Modified
Potassium, K	mg	46	--	--	--	--	--	--	--	--	Calculated or imputed	--	12/1978
Sodium, Na	mg	49	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	12/1978
Zinc, Zn	mg	0.40	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	12/1978
Copper, Cu	mg	0.029	--	--	--	--	--	--	--	--	Calculated or imputed	--	12/1978
Selenium, Se	µg	2.1	--	--	--	--	--	--	--	--	Calculated or imputed	--	12/1997
<b>Vitamins</b>													
Vitamin C, total ascorbic acid	mg	0.8	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	12/1978
Thiamin	mg	0.049	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	12/1978
Riboflavin	mg	0.040	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	12/1978
Niacin	mg	0.574	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	12/1978
Pantothenic acid	mg	0.208	--	--	--	--	--	--	--	--	Calculated or imputed	--	12/1978
Vitamin B-6	mg	0.047	--	--	--	--	--	--	--	--	Calculated or imputed	--	12/1978
Folate, total	µg	7	--	1.400	--	--	--	--	--	--	Analytical or derived from analytical	--	12/1978
Folic acid	µg	0	--	--	--	--	--	--	--	--	Assumed zero	--	01/2001
Folate, food	µg	7	--	1.400	--	--	--	--	--	--	Analytical or derived from analytical	--	12/1978
Folate, DFE	µg	7	--	--	--	--	--	--	--	--	Calculated or imputed	--	04/2005

Nutrient	Unit	Value Per100 g	Data Points	Std. Error	Min	Max	df	LB	UB	# Studies	Source	NDB Ref	Last Modified
Vitamin B-12	µg	0.09	--	--	--	--	--	--	--	--	Calculated or imputed	--	12/1978
Vitamin B-12, added	µg	0.00	--	--	--	--	--	--	--	--	Assumed zero	--	02/2005
Vitamin A, RAE	µg	21	--	--	--	--	--	--	--	--	Calculated or imputed	--	06/2002
Retinol	µg	0	--	--	--	--	--	--	--	--	Assumed zero	--	06/2002
Vitamin A, IU	IU	416	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	12/1978
Vitamin E (alpha-tocopherol)	mg	0.24	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/2005
Vitamin E, added	mg	0.00	--	--	--	--	--	--	--	--	Assumed zero	--	02/2005